



**Internship Client Session Worksheet
Submitted by Email Prior To Weekly Strategy Meeting**

Week: From: _____ To: _____

Client Interaction:

Date:

Initials of Client:

Two Things that Went Well in the Session:

- 1. _____

- 2. _____

One Thing that You Felt Could Have Gone Better or that You Would NOT Want to Do in the Future:

- 1. _____



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Remember:

Anything worth doing well is worth doing poorly for a while, and the way we get better at that something is through self-assessment and asking your supervisor.

This type of self-critique is only helpful if you get as honest with yourself as possible...then go a little further and look at how you felt, the feedback you received from your client and the general feel of the room.

When you learn what works for you, you can do more of it. When you learn what does not work for you, you can then do less of it or eliminate it entirely. The result of this is you feeling comfortable with your role.

-Adam DeVaney, LCSW, CECP