

LIFE'S WORK CLINIC

103 W 3rd St. Unit E-524, Kalkaska, MI 49646-0524
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From: Adam C. DeVaney, LCSW

Clinical Director and Lead Therapist

Life's Work Clinic, PLLC

103 W. 3rd St., Unit E-524

Kalkaska, MI 49646-0524

Attention: Veterans Administration

RE: [REDACTED] DOB: [REDACTED]

To Whom It May Concern,

I am writing you today in support of [REDACTED] case for VA Disability Benefits.

[REDACTED] has a long history of care with three different clinics that I have either worked at or owned. He first presented at an MAT clinic I was directing after moving to Michigan. This treatment had been initiated while he was still enlisted in the military, and we were happy to support him with his ongoing care. I was able to direct his care at three different clinics over a period of around 9 years. During this time, I also provided counseling on a bi-weekly basis that covered both his recovery process and his overall mental health.

[REDACTED] spoke often of the challenges he faced in his mental health. He spoke often of his experiences in the Marines after he injured his back. During his recovery period, he experienced isolation that left an indelible mark on him. Once he was medically discharged, he spoke of the ways that he perceived that this followed him while he was attempting to build a life as a civilian.

From a mental health standpoint, [REDACTED] suffered from the following symptoms and conditions:

- Social Anxiety
- Worry that Bordered on OCD Levels of Disability
 - Constant Worry about what Others Thought of Him
 - Crippling Overthinking of Previous Social Interactions
- Isolating Tendencies where he would Withdrawal from Social Interactions Completely for Periods of Time
- PTSD Symptoms from his Medical Discharge
 - Leading to a Belief that He would Never get Hired in a Meaningful or Profitable Career
 - Periods of Despair
- Anxiety Specific to Doctors



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- Opioid Dependency and Addiction Resulting at Least Partially from Treatment he Received During his Recovery that Ultimately Led to a Need for Buprenorphine Maintenance Therapy

These symptoms and conditions were often referred to by [REDACTED] as originating at least partially during his experiences in the Marines related to his back injury and the subsequent recovery period leading ultimately to his medical discharge.

Over the years of therapy, we worked in several modalities including mindfulness, self-awareness and reflection, emotional release and cognitive behavioral and reframing techniques. These symptoms and conditions remained stubbornly resistant to treatment and were ultimately not resolved during our time together.

If you have any further questions, please don't hesitate to reach out to me.

Sincerely,

A handwritten signature in black ink that reads "Adam C. DeVaney, LCSW". The signature is written in a cursive style with a large, stylized initial 'A'.

Adam C. DeVaney, LCSW