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From: Adam C. DeVaney, LCSW, CECP

Clinical Director and Lead Therapist

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To Whom It May Concern,

██████████, DOB: ██████████, has been seeing me bi-weekly for counseling starting 10-17-2023. Jacob contacted my office after receiving an order from the courts related to a string of incidents involving his girlfriend.

██████████ has been working with me to directly address his tendency in the past to use the threat of self-harm to manipulate those in his life. He continues to have breakthroughs in our work together, and his understanding of this tendency expands with each session. The clinical work focuses on the historical context of how he came to begin using this manipulation technique, why this has continued into adulthood and approaches to healthy interactions with people when pride and fear are present. Clinical goals include continuing to gain insight into this pattern, learning new coping skills and increasing self-esteem.

It is my clinical opinion that even though there is still work to be done on this important issue, ██████████ is dedicated to the process and that there has been significant improvement in this area relative to his past behavior. This is an adjustment disorder and does not constitute a personality or depressive disorder in my clinical opinion. Any depressive symptoms that I have observed have been related to the difficulties he was experiencing from not being able to see his son and the difficulties related to navigating the legal process he finds himself in.

It is my clinical opinion that the threat of the type of self-harm manipulation that played an outsized role in the current legal and relational situation ██████████ finds himself in is no longer present after considerable clinical work, and I believe that should the courts grant an increase in communication he is able to have digital communication with the other parent to facilitate custody, care and time spent with their son without any concern that he may repeat this behavior.

If you have any questions, please feel free to contact me at the number above.

Sincerely,

A handwritten signature in black ink that reads "Adam C. DeVaney, LCSW, CECP". The signature is written in a cursive style.

Adam C. DeVaney, LCSW, CECP